

# Therapeutic Use Exemption (TUE) Application Form for Local Glucocorticoid Injections

## 1. Pre-application Checklist

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The below checklist outlines the medical evidence required to support a TUE application for the use of a glucocorticoid administered by local injection (e.g. epidural, intra-articular, intrabursal, intradermal, intralesional, intratendinous, intrathecal, periarticular, peritendinous, and subcutaneous).

This checklist should be considered by the doctor overseeing treatment before an athlete receives a local glucocorticoid injection (particularly if the injection is to be given within a defined washout period). Further information about washout periods and the timing of when an athlete requires a TUE for a local injection can be found within UK Anti-Doping's [Glucocorticoid TUE Policy](#).

- i. I have a copy of the investigations used to confirm the diagnosis. This could be the results of appropriate imaging and any other relevant investigations used to confirm the diagnosis.
- ii. I have a thorough clinical history of the athlete that includes when the injury first presented, a description of the symptoms experienced (at that time), and the severity of these symptoms.
- ii. I have documented my clinical examination findings that have led to the decision to proceed with the glucocorticoid injection. I can also outline the consequences to the athlete if treatment was withheld any longer.
- v. I can provide either (a) a summary of the permitted medications and/or alternative non-pharmacological treatment modalities that have been trialled before considering the use of a glucocorticoid injection (including names, doses, dates, duration, and the effect of each treatment trialled); or (b) clinical justification explaining why alternatives have not been trialled.

The rest of this application form should only be completed if an athlete has returned an adverse analytical finding for a glucocorticoid administered by local injection.

In such instances, please complete all sections in BLOCK CAPITALS. Incomplete or illegible forms will be returned. Applications will also not be considered unless the above components of the checklist are enclosed within the application.

Athletes and support personnel are guided to the [Medicine Hub](#) on UK Anti-Doping's website for frequently asked questions on this topic.

## 2. Athlete Information

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Surname: \_\_\_\_\_ First names: \_\_\_\_\_

Date of Birth (dd/mm/yy): // Gender (please tick): Male  Female

Address: \_\_\_\_\_

\_\_\_\_\_ Post code:

Contact Tel (including dialling code):

Email: \_\_\_\_\_

Sport/Discipline: \_\_\_\_\_ Club: \_\_\_\_\_

National Governing Body: \_\_\_\_\_ Impairment category: \_\_\_\_\_

**Level of competition (please tick one box as appropriate)**

- I am part of my International Federation's Registered Testing Pool
- I am competing in an international competition
- I am part of UK Anti-Doping's National Registered Testing Pool or Domestic Testing Pool
- I am considered to be within the National TUE Pool for my sport

Other  (please state level) \_\_\_\_\_

Next competition the TUE is required for: \_\_\_\_\_

Competition Date: //

## 3. Retroactive Applications

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**Is this a retroactive application (has treatment already commenced)?**

Yes  No  (if 'no', please go to section 4)

If yes, on what date did the treatment start? //

**If this is a retroactive application, please indicate the reason why:**

- Emergency treatment or urgent treatment of a medical condition was necessary
- There was insufficient time or opportunity to submit an application prior to sample collection
- An advance application was not required under the applicable rules
- I returned an adverse analytical finding after using a substance out-of-competition that is only prohibited in-competition (e.g., a glucocorticoid)
- I am applying for a 'fairness' TUE in accordance with ISTUE Article 4.3

#### 4. Previous Applications

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Have you submitted a previous TUE application? Yes  No

The Anti-Doping Organisation applied to? UK Anti-Doping  Other (please state): \_\_\_\_\_

Decision: Approved  Declined

#### 5. Medication Information

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**Diagnosis** (please also attach the medical evidence outlined in section 1 to support this diagnosis):

\_\_\_\_\_

**Medical examination(s) / test(s) performed** (please attach the results of medical investigations completed):

\_\_\_\_\_

Prohibited Substance(s)	Dose and units of administration	Route of administration	Frequency of administration
1.			
2.			
3.			

Intended duration of treatment(s): Once only  Emergency  Weeks/Months

Please specify duration: \_\_\_\_\_

**If a permitted medication can be used to treat the medical condition, please provide clinical justification for the requested use of the prohibited medication prescribed:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**6. Notifying Medical Practitioner Details and Declaration**

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**Name:** \_\_\_\_\_

**Qualifications:** \_\_\_\_\_

**GMC Number:** \_\_\_\_\_

**Medical Speciality:** \_\_\_\_\_

**Contact Tel.**

Practice stamp / address:

**Email:** \_\_\_\_\_

I certify that the above-mentioned substance(s) for the above-named athlete has been/are to be administered as the correct treatment, or as part of a necessary diagnostic investigation, for the above named medical condition. I further certify that the use of alternative medications not on the Prohibited List would be unreasonable for the treatment of the above named medical condition.

I understand that the granting of a TUE is based solely on consideration of the conditions set out in Article 4.2 of the World Anti-Doping Code International Standard for TUEs, and not whether the Prohibited Substance or Method is the most clinically appropriate or safe. I also acknowledge that it is my responsibility as the supporting clinician to ensure that the treatment provided is in accordance with recognised clinical guidelines.

If the athlete is under 18 and I have not notified the athlete's parent/guardian, this is because I consider the athlete to be competent to give consent to treatment.

I understand that my details will be held on an anti-doping database and will be accessible by the athlete, their National Governing Body, their International Federation, UK Anti-Doping, and the World Anti-Doping Agency in order to allow them to administer the anti-doping programme.

**Signature of medical practitioner:** \_\_\_\_\_ **Date:**  /  /

**If the athlete is under 18 does the athlete's parent/guardian know about this treatment?**

Yes  No

## 7. Athlete's Declaration

I certify that the information provided under sections 1, 2 and 3 of this TUE application form are accurate and that I am requesting approval to use a substance or method on the World Anti-Doping Code (the Code) Prohibited List.

I authorise the release of my personal medical information, as is necessary for the determination of this application, to any relevant Therapeutic Use Exemption Committee (TUEC), as has been established by an Anti-Doping Organisation (being UKAD, WADA and any other Anti-Doping Organisation (ADO) under the provisions of the Code and the anti-doping rules of my sport) to consider TUE applications.

I understand and agree that:

- My TUE data (being the information in connection with this TUE application) will only be used by the ADO to evaluate the TUE application in accordance with the WADA International Standard for TUEs and the context of potential anti-doping rule violation investigations and proceedings;
- My TUE data will be collected by UKAD who shall be principally responsible for ensuring the protection of this data. UKAD will use the Anti-Doping Administration and Management System (ADAMS) to store, process and manage my data, including its disclosure to authorised recipients;
- The decision on the TUE application will be made accessible to the National Governing Body of my sport and authorised ADOs;
- My TUE data may have to be shared with other independent medical and/or scientific experts, and all necessary staff involved in the management, review or appeals of TUEs if applicable;
- Persons or parties receiving my information may be located outside of the country where I reside. In some other countries data protection and privacy laws may not be equivalent to those in my own country;
- I may have certain rights under applicable laws in relation to my TUE data, including rights to access and/or correct inaccurate data;
- My TUE data will be stored by UKAD for a maximum of five years in accordance with the [UKAD Anti-Doping Privacy Notice](#); and
- To the extent that I have any concerns about the processing of my TUE data I may consult with UKAD and/or WADA as appropriate.

### Withdrawal of Consent

I understand that if I ever wish to revoke the right of UKAD, UKAD TUEC and authorised ADOs to access any health information in relation to this TUE, I must notify my medical practitioner and UKAD in writing of that fact. I understand that by withdrawing my consent, my TUE application will be deemed withdrawn without approval having been granted.

### Authorisation and Consent

By signing this form, I expressly consent to the use of my TUE data as set out above.

**Athlete's signature:** \_\_\_\_\_ **Date:**   /   /

**Parent/guardian signature:** \_\_\_\_\_ **Date:**   /   /

If the athlete is under 18 and is not deemed to be competent to give their consent to the treatment or has an impairment preventing him/her to sign this form, a parent or guardian shall sign together with or on behalf of the athlete).

### I would like the decision to be sent to (please tick one box as appropriate):

My postal address  My e-mail address   
 The notifying medical practitioner  Other representative (please identify)  \_\_\_\_\_

Mark as confidential and submit the completed form to UK Anti-Doping and keep a copy for your records.

**Address:** TUE, UK Anti-Doping, SportPark, 3 Oakwood Drive, Loughborough LE11 3QF

**E-mail:** [tue@ukad.org.uk](mailto:tue@ukad.org.uk)