

If something doesn't  
look or feel right...

# TALK TO SOMEONE

The Club Safeguarding Officer is

British Equestrian Safeguarding  
02476 698871  
safeguarding@bef.co.uk

NSPCC  
0808 800 5000  
help@nspcc.org.uk

Childline  
0800 1111



If you're concerned that a child is at risk  
of immediate, serious harm, then dial

999