

SAFE TOPLAY

Say Something if you See Something

PLAY BY THE RULES

While you're here...

- 1** Be yourself and accepting of others – we're all different, so let's celebrate this
- 2** Be respectful to others and take care of our equipment and space
- 3** Bring the correct kit, food and drinks – ask an adult if you need help with this
- 4** Listen to your coach
- 5** Try your best and encourage others
- 6** Speak out if you feel worried or concerned
- 7** Remind an adult of your training and competitions, so that you're on time
- 8** Don't wander off or leave without telling a staff member
- 9** Don't vape, smoke or consume alcohol during training, competitions or at our venue
- 10** Enjoy your sport or activity

SCAN ME



If you're worried or have a concern, reach out to someone you trust or contact British Equestrian