



## **EXPRESSION OF INTEREST**

### **Human Physiotherapist - Contractor**

#### **British Equestrian World Class Programme UK Sport National Lottery funded**

Do you thrive in a high pressured sporting environment? Do you love problem solving and supporting athletes at the top of their game? Can you work flexibly and travel both within the UK and Overseas?

British Equestrian (the BEF) are looking for Human Physiotherapists to support the World Class Programme (WCP) and our British championship team athletes. This work could include supporting our WCP athletes at squad training or competitions for approximately 20 – 60 days per year. We are looking for experts in their field or people with their own established practices, recognised as experts in their field and the contract will be a consultancy contract. We are also building a database of Human Physiotherapists for future opportunities with the WCP.

Equestrian sport in Great Britain has enjoyed unparalleled success with our athletes across jumping, dressage and eventing, achieving outstanding success at the Olympic and Paralympic Games.

With the start of the Los Angeles Olympic and Paralympic Cycle, the BEF is looking to the future and undergoing a process to strengthen the way in which it deploys the highest level of performance support to World Class Programme athletes, both human and equine. The Programme's multi-disciplinary performance support team encompasses leaders in their field, innovative and committed individuals with a mutually shared dedication to delivering the best outcomes for horse and rider.

#### **The Services**

- As part of a multi-disciplinary team, deliver world-leading physiotherapy services to athletes, taking an athlete centred approach that empowers individuals to take responsibility for their proactive performance preparation and optimal injury management.
- Provide highly specialised musculoskeletal assessment, diagnostics, management, and rehabilitation services to improve 'return to performance' outcomes for athletes.
- Work independently at training and competition locations making autonomous triage and primary care decisions. Take responsibility for managing complex musculoskeletal presentations beyond, or alongside acute sports injury management and rehabilitation.
- Work effectively and collaboratively in an inter-disciplinary team to ensure the delivery of agreed sports science and coaching outcomes.
- Inform and educate athletes in optimising their physical and mental health.
- Maintain the high performance science delivery environment to health professionals' standards of care.
- Contribute to knowledge sharing and development of science support which has an impact on health and performance.
- Provide a key role in assuring medical governance standards to safeguard athlete physical and mental health.
- Utilise the BEF's processes for accurate record keeping on a regular basis.
- Comply with Professional Codes of Conduct, standards and guidelines.

The ability to work in a mutually supportive, collaborative manner within a fully integrated team of professionals in order to help the athletes meet the demands of the sport on the world stage will be essential. Individuals supplying the services will also be required to be open-minded and inquisitive, with a strong desire and mentality to be part of a winning team.

### **Skills and Expertise**

The BEF WCP are looking for human physiotherapists able to demonstrate the following skills and experience:

- Hold a degree in Physiotherapy.
- Membership of the Chartered Society of Physiotherapy (MCSP) and registered with the Health and Care Professions Council (HCPC).
- Be compliant with Professional Codes of Conduct, standards and guidelines.
- Extensive experience, ability and proven record in delivering physiotherapy services to improve performance. This must include work with elite athletes.
- Evidence of delivering Physio support in a high performance environment.
- A broad understanding of sports science and sports medicine disciplines and their roles in performance.
- Minimum of three (3) years post-graduate clinical experience in the provision of specialist musculoskeletal physiotherapy services with experience working with sporting populations (this should include work with high-performance teams), including:
  - Working within a multi-disciplinary team to evaluate and manage complex clinical presentations and develop impactful solutions through interdisciplinary collaboration.
  - Development and delivery of athlete rehabilitation strategies to optimise 'return to performance' outcomes for athletes.
- Experience navigating complex working environments and establishing effective working relationships across key stakeholders.
- Commitment to advancing their skills and knowledge to be at the forefront of new developments in physiotherapy.
- Knowledge of Equestrian sport and/or the desire to gain a full understanding of the Equestrian environment.
- Ability to work independently, prioritise workload and balance conflicting demands.
- Skilled in building and maintaining productive relationships with colleagues and stakeholders.
- Excellent interpersonal and communication skills.
- Knowledge of contemporary advances in applied musculoskeletal medicine (encompassing assessment, clinical reasoning, rehabilitation, return to performance, and injury/illness risk management).
- Effective problem solving and decision-making skills with an ability to deal with uncertainty by identifying goals and developing a plan to move forwards.
- Ability to travel and work at domestic and international competitions and training events.
- Ability to work irregular and antisocial hours as required including work outside normal hours, at evenings, weekends, and public holidays.
- Possess sound knowledge of the anti-doping and medication control processes for both national and international competition.
- Willingness to complete the required training, such as, safeguarding and anti-doping.



As the needs of the business change the scope of the services required may change and this document should be viewed as a guideline which may be subject to change.

### Expression of interest

If you are interested in working as part of the World Class Programme, please complete the table below and submit your CV through to the following email address:- [melissa.kinrade@bef.co.uk](mailto:melissa.kinrade@bef.co.uk)

Closing date for expressions of interest will be 18<sup>th</sup> May 2025 at 17:00.

Expressing interest for <i>(please select YES or NO)</i>			
20 – 60 days work per yr: <i>YES / NO</i>		Ad-hoc/future WCP work: <i>YES / NO</i>	
Relevant Experience			
Type of work / event (e.g. European Championships)	Disciplines, Sports or Teams (Athletes/Staff/Others?) supported	Dates	Key outcome/s